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 2022 Apollo Projects New Zealand Swimming Championships
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Results for 2022 Apollo Projects New Zealand Swimming Championships

Below are all results from the competition shown by session.

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Session Seven - Male Finals

Heat results

2022 Apollo Projects NZ Swimming Championships

Place: Sir Owen G Glenn National Aquatic Organizer: Swimming New Zealand
 Pool: 50m Competition Date: Apr 4, 2022 to Apr 9, 2022

Event 7, 400m Freestyle Men - Final

FINA A W 3:48.15
 Mare Nos 3:56.14
 NZR 3:47.09 Matthew Stanley MATWK (NZL) 3/25/2012

Rank	Name	Age Team	R.T.	FINA	Time	Diff
1	Lewis Clareburt	Capital Swim Club	+0.69		3:52.05	
	50m: 26.20	100m: 54.74 (28.54)	150m: 1:24.24 (29.50)	200m: 1:54.07 (29.83)		
	250m: 2:23.70 (29.63)	300m: 2:53.39 (29.69)	350m: 3:23.10 (29.71)	400m: 3:52.05 (28.95)		
2	Louis Clark	North Shore Swimming Club	+0.71		3:53.63	+1.58
	50m: 26.51	100m: 55.42 (28.91)	150m: 1:25.03 (29.61)	200m: 1:54.68 (29.65)		
	250m: 2:24.45 (29.77)	300m: 2:54.34 (29.89)	350m: 3:24.38 (30.04)	400m: 3:53.63 (29.25)		
3	Gus Shivnan	Mt Maunganui Swimming Club	+0.66		4:03.53	+11.48
	50m: 27.40	100m: 58.49 (31.09)	150m: 1:29.98 (31.49)	200m: 2:01.16 (31.18)		
	250m: 2:31.52 (30.36)	300m: 3:02.47 (30.95)	350m: 3:33.33 (30.86)	400m: 4:03.53 (30.20)		
4	Isaac Williams	Evolution Aquatics Tauranga	+0.68		4:08.94	+16.89
	50m: 27.97	100m: 59.56 (31.59)	150m: 1:31.35 (31.79)	200m: 2:04.34 (32.99)		
	250m: 2:35.03 (30.69)	300m: 3:07.62 (32.59)	350m: 3:38.29 (30.67)	400m: 4:08.94 (30.65)		
5	Larn Hamblyn-Ough	Coast Swimming Club	+0.79		4:10.12	+18.07
	50m: 28.40	100m: 59.63 (31.23)	150m: 1:31.09 (31.46)	200m: 2:02.90 (31.81)		
	250m: 2:34.94 (32.04)	300m: 3:07.36 (32.42)	350m: 3:39.07 (31.71)	400m: 4:10.12 (31.05)		
6	Benjamin Silipo	Wanaka Swimming Club	+0.71		4:10.54	+18.49
	50m: 28.75	100m: 59.91 (31.16)	150m: 1:31.54 (31.63)	200m: 2:03.68 (32.14)		
	250m: 2:35.80 (32.12)	300m: 3:08.01 (32.21)	350m: 3:39.69 (31.68)	400m: 4:10.54 (30.85)		
7	Curtis Mellsop	Neptune Swim Club	+0.67		4:11.36	+19.31
	50m: 28.20	100m: 58.73 (30.53)	150m: 1:30.05 (31.32)	200m: 2:02.48 (32.43)		
	250m: 2:34.73 (32.25)	300m: 3:07.77 (33.04)	350m: 3:39.96 (32.19)	400m: 4:11.36 (31.40)		
8	Ikko Shibuya	Pukekohe Swimming Club	+0.61		4:12.22	+20.17
	50m: 28.30	100m: 59.23 (30.93)	150m: 1:31.12 (31.89)	200m: 2:03.26 (32.14)		
	250m: 2:35.19 (31.93)	300m: 3:07.14 (31.95)	350m: 3:39.52 (32.38)	400m: 4:12.22 (32.70)		

Event official at: 4/5/2022 4:37:37 PM

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